



### BODY

#### MON

Cornhole 9:30 am  
\*2nd Mon\*

Tai Chi 11 am

Beginner Line  
Dancing 1 pm

Line Dancing 2 pm

#### TUES

Exercise with Blake  
9 am

Virtual Active  
Stretch Class  
10:10 am

#### WED

Movers & Shakers  
10 am

15 min Massage  
10 am \*1st Wed\*  
*Sign up Required*

Tai Chi 11 am

#### THURS

Chair Yoga 9 am

Body Balance 10 am

Ballroom Dance  
Lessons  
2nd Th 11 am

### MIND

#### MON

Woodcarving 9 am

Beginner's Scrabble  
9 am \*1st Mon\*

Scrabble 10 am

Pinochle 1 pm  
\*every 2nd + 3rd Mon\*

#### TUES

Billiards  
Tournament 10 am

Beginners Mah  
Jongg 10:30 am

Mah Jongg 12 pm

Bridge 12:30 pm

Canasta & Shanghai  
Rummy  
\*every other Tues\*  
1 pm

Dementia Education  
\*2nd Tues\*  
1 pm

Trivia  
\*every 3rd Tues\*  
2 pm

#### WED

Cribbage  
10 am

Hand & Foot  
12 pm

Rewinders Writing  
Club 10 am

Ladies Only Pool  
Lessons 11 am

#### THURS

Billiards  
Tournament 10 am

Mexican Train  
Dominoes 10 am

Bingo  
(\$0.50/card)  
12:30 pm

Pinochle 1 pm

#### FRI

Bridge 10 am

Bunco 10,000  
12:30 pm

\* Bridge (Mon - Fri) Ask us how to get involved

### SOCIAL

#### FRIDAYS

Friday Pickers

10:00 am

Colorful Hangout

12:00 pm



### STAY CONNECTED

Follow us on Facebook @BayviewSeniorCenter

### CLOSURE DATES

- We look forward to seeing you each day we're open this month! **Bring a friend with you!** (More Fun on the back)





# Bayview Senior Center

2000 E. Lloyd Street (850) 436-5190



## NEW PROGRAMS

### French Lessons

Starts Tues. March 14th  
9 am - 9:50 am

This program is to help you expand your language palette by learning the basics of conversational French. Sign up at front desk.

### Bridge Lessons

Starts March 28th - May 9th

Take advantage of this free class for beginners and intermediate level to learn the game of bridge. Limited to 16 participants.

Sign up at front desk.

### Beginner Scrabble Lessons

Starts March 6th  
9 am - 10 am

Learn how to play the mind stimulating game of scrabble. Lessons provided 1st Mon of each month.

### Quilt Top Fun

Starts April 10th  
12:30 - 2:30 pm

Learn how to sew quilt tops, create creative crafts, and enjoy fun conversations with friends!

Give your feedback below!

## SHARE YOUR FEEDBACK



Open your phone camera and hover over this QR Code to the left and you will be redirected to our survey.

Click on the link, fill out the survey, and let us know how we are doing!

## UPCOMING EVENTS

### FREE AARP Tax Aide

Starts Friday, Feb. 3rd goes through April 17th. Electronic filing is available for those with low to moderate incomes, with special attention to those 60 and older. A picture ID and last year's return are required. Sign up at the front desk to reserve your appointment.

### Florida Blue Education Bus comes to Bayview

Thursday, March 2nd, 11 am - 2 pm

Florida Blue partners with Physician Partners to provide a FREE give away of bags of fresh veggies and share more about the services they provide.

### Bayview Intergenerational Storytelling Experience

Friday, March 8th & 22nd from 1 pm - 3 pm

Information session about our upcoming field trip for middle schoolers happening April 4th, 5th, and the 28th. Come learn more of how the Seniors of Bayview can inspire our younger generation to become productive citizens of society, by sharing your story and or history of Pensacola. Bring your questions, suggestions, and ideas to help make this a memorable & fun experience for all!

### FREE Tablet Giveaway

Wednesday + Thursday, March 15th & 16th from 9 am - 1 pm

### St. Patrick Theme Karaoke with Friday Pickers

Friday, March 17th, 2023 from 10 am - 12 pm

Come out and enjoy all the fun with free refreshments, live music to karaoke to, prizes for best dress, and lots of smiles and laughter!

Sponsored by Marvin Fox of Humana.

### Information Home Care Session

Tuesday, March 28th 11 am - 12 pm

Join Carrie Dalton of Sodalis Senior Living and Joy Will of Angels Care Home Health, to learn about the home care available to you and what your insurance covers. Refreshments provided.

### Opera Trip to see Carousel

Sunday, March 19th

Tickets are \$21 (includes ticket and transportation) and can be purchased with cash or by check payable to the 'City of Pensacola'. Payment is due upon signing up. Sign up deadline is March 10, 2023, or until tickets are sold out. We will only have 25 TICKETS FOR SALE with NO TRANSPORTATION CUT OFF!! This means, anyone who purchases a ticket will be able to have transportation from Bayview to the Saenger and back. See front desk for more info.

### Theatre Trip to see Addams Family

Sunday, March 26th

Tickets are \$15 (includes ticket, concession, and transportation) and can be purchased with cash or by check payable to the 'City of Pensacola'. Payment is due upon signing up. Sign up deadline is March 17, 2023, or until tickets are sold out. We will only have 40 TICKETS FOR SALE with NO TRANSPORTATION CUT OFF!! This means, anyone who purchases a ticket will be able to have transportation from Bayview to PLT and back. See front desk for more info.

## APRIL EVENTS

- **AARP Tax Aide** Fri., Feb. 3rd, 2023 - Mon., April 17th, 2023
- **Intergeneration Storytelling Experience** April 4th, 5th, 28th.
- **Theatre Trip: Emma-UWF** April 16th, tickets go on sale March 15th. Limited spots! 25 tickets available.